

What a retained Asymmetrical Tonic Neck Reflex (ATNR) may look like?



- Poor or tense pencil grip
- Poor gross motor skills
- Difficulty following several verbal instructions
- Poor fine motor skills
- Neck & shoulder tension
- Unable to follow a moving target
- Poor balance/instability
- Turns paper when writing
- Finds reading difficult
- Drops things
- No right or left side dominance
- Difficulties expressing ideas in writing
- Dyslexia
- Loses place on page
- Poor speech development
- Slow, ambling walking
- Appears clumsy
- Head moves when writing
- Difficulty localising sounds
- Difficulty with spelling, maths and grammar
- Poor handwriting
- Finds copying from the board hard
- Difficulty with dressing
- Easily distracted
- Tunes out
- Difficulty learning to ride a bike
- Difficulty crossing the mid-line
- Difficulty with visual tasks
- Poor focus
- Messy eater



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