

Foundations for Attachment Training Programme



The Programme is for those who have experienced attachment difficulties, trauma, loss and/or separation in their early life.

The programme aims to help caregivers explore new ways to build or re-build emotional connections with their children.

Topics (not exclusive) will cover; Blocked trust, PACE, building connections, self-care, blocked care, attachment history, and behaviour support.

- » Help caregivers develop and integrate a new approach towards building trust within the parent-child relationship.
- » Better able caregivers to understand and meet their child's attachment needs.
- » Explore how to provide support for behaviour alongside building connection.

Based on training developed by Kim Golding (2017).

Facilitated by an experienced Child Therapist/Clinical Social Worker.

Suitable for adopters, prospective adopters, foster carers, special guardians, residential care staff and those parenting children impacted by early loss/trauma.

Handouts included.



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*min 10 participants

ASF registered