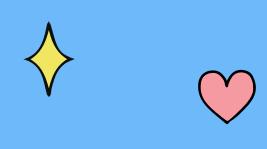
Ideas to support **Speech Development & Develop Oral Motor Skills**

- Sing simple Nursery rhymes and songs cake, row row your boat, wind the bobbin up. Be repetitive. You can even sing them when walking, in the car.
- blowing candles, blowing bubbles into milk, blowing bubbles in a bowl of water and washing up liquid. (Lots of ideas on Children's
- Play lots of games that involve sucking i.e. sucking up cotton balls with a straw (Lots of ideas on Children's Therapy Services YouTube)
- Give them things to lick like ice lollies, lolly pops, ice cream cone
- Encourage chewing, think about foods that the child likes that require chewing
- Drink through straws
- Give the child choices i.e., do you want an apple or a banana, do you want to wear a red
- Read simple stories together
- Scaffold the child's sentences for example, if \bullet the child says, 'socks off', respond with the full civers inertices sentence "yes, we are taking your socks
- Allow the child time to respond verbally \bullet
- Try and reduce background noise when talking/playing with the child
- and the state of the second constraints of t radiator
- Model good speech, be clear and. slow. Use proper words oppose to baby talk





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Ideas to support **Speech Development & Develop Oral Motor Skills**

- Put familiar toys in a box or bag, ask child to pick one out and name it. If they are able to then tell you what you do with it for example, a ball, I bounce/throw a ball
- who they are, where it is, what you notice in the background
- Repeat what your child says to show you understand
- Look at simple picture books, encourage them \bullet might be simple baby books)
- When your child is talking, give them eye contact, smile at them- show that you are take in conversation even if you have no idea.
- **Reduce screentime**
- Play turn taking games i.e., rolling a ball to
- Introduce the child to sounds i.e. that's my
- Constant Services Hide toys under a tea towel and then move the \bullet
- and the state of the second constraints of t \bullet putting them to bed
- get them to make animal noises for examples, let stomp like a elephant, walk like a dinosaur, this encourages them to make sounds 6



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Ideas to support Speech Development & Develop Oral Motor Skills

- Encourage child to Name body parts i.e. where is your mouth, where is your nose etc.
- Socialise with other children and adults (try not to compare your child to other children, they all develop at different paces)
- Celebrate small success's such as the child saying a new word. Make a big deal of it, clap, lift them up, cheer etc.
- Do animal sounds i.e. a cow goes moo, a sheep goes baa, a duck goes quack
- Play hide and seek
- Hide toys for the child to find
- When the child points or gives you something, say "You gave me a book, thank you"
- Ask for the child for help, can you bring me your cup, can you bring me your shoes.

Be repetitive





