

Living with and caring for teenagers



Caring for older children (teenagers), particularly those who have been exposed to abuse or neglect for a longer period of time can be difficult.

The course aims to:

- » Share caregivers experiences and challenges
- » Explore the brain and development of teens, and how teens are impacted by trauma
- » Creative and practical strategies to use with teens
- » Explore ways to build safety whilst balancing privacy
- » Explore selfcare



Facilitated by an experienced Child Therapist & Clinical Social Worker

Suitable for parents, adopters, Foster carers, social workers, therapists, supervising social workers, residential staff, teachers, teaching assistants and special guardians.



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*min 10 participants

ASF registered