What a retained Plantar & Babinski Reflex may look like?

- Stubs toes
- Ticklish feet
- Stiff legs
- Awkward running
- Shin soreness
- Wear holes in socks (big toe)
- Shoes worn down on one side
- Flat footed
- Slow walker
- High arches
- Trips when walking upstairs
- Lower back pain as an adult
- Language delays
- Toe walker
- Trips & falls easily
- Poor motor planning
- Poor balance
- Difficulties learning to walk
- Crawls for a short time or not at all
- Recurrent ankle twist
- Difficulties walking in the dark





