

Interactive Metronome® (IM)

Interactive Metronome® (IM) is an evidence-based training and assessment tool. IM is shown to improve cognition, attention, focus, memory, speech/ language, executive functioning, comprehension, as well as motor and sensory skills.

IM is available in person at the Therapy Centre, or you have the option to purchase an (IM) Home package.

IM Home

- The IM-Home program is individualised and tailored by a trained therapist. It is delivered in the comfort of your own home.
- For both Adults and children
- You will receive a home training therapy plan
- You get to keep the IM home equipment.
- Data is automatically uploaded for us to view; and make any necessarily modifications to your plan
- Saves travelling to see a therapist; therefore can complete sessions more frequently and at a time that is convenient

IM can help with:

- Balance Disorders
- Low Endurance
- Stuttering
- Stroke
- Dyslexia
- Tourette's
- Asperger's
- Parkinson's
- Brain Injury
- Sensory Processing Disorders
- ADHD
- Functional Decline
- Huntington's
- and so much more



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ASF registered