

Games in Therapy or Therapeutic/ Nurturing Sessions



Board games can be an amazing tool to use in sessions with children, young people and their families.

By attending this training you will have time to play various games and see how they can be used in assessments, in sessions, or adapted to be used Therapeutically.

Connect with children and young people through their natural way of communication-play.

We will look at how games have different purposes for example; Introduction sessions, assessments, building connections, social skills, building confidence and self esteem!

We will explore different types of game play for example, cooperative games.

You will have time to think about how the games can be adapted for your service, school or home.

Facilitated by an experienced
Child Therapist/Clinical
Social Worker.

Suitable for: foster carers, adopters, parents, residential staff, special guardians, teachers, teaching assistants, social workers, therapists and supervising social workers.



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*min 10 participants

ASF registered