

# Sensory Profile and Interoception Assessment



The Sensory Profile is used to explore and discover how a child processes information, in the context of the child's home, school and community. The tool will help determine how sensitive a child is to the input of sound, visual images, movement, smells, taste and textures.

We all experience life through our senses: visual auditory, touch, oral, taste, position and movement. Sensory information comes from our own body and the environment around us. Each of us has a unique profile

Assessment completed by an experienced Child Therapist/Clinical Social Worker.

Suitable for birth – 14yr 11 months.

The Interoception Assessment will compliment the Sensory Profile and it will give us a indication of the child's Interoceptive Awareness. People who notice and understand their body signals are found to have a clearer emotional experience and be more effective at regulating their emotions.

Process:

- » Referral
- » Caregiver to complete Sensory Profile 2, Interoception questionnaire and any additional information
- » School to complete Sensory Profile 2 companion and any additional information
- » Consultation call with caregiver and school; where possible meeting with child for Interoception questionnaire
- » Increase confidence about this topic
- » Sensory Profile/Interoception Report
- » Feedback session



**£850 per session**

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**ASF registered**