

What a retained Symmetrical Tonic Neck (STNR) Reflex may look like?



- Fidgety
- "W" Sitter
- Poor posture
- Neck tension
- Hyperactive
- Poor hand eye co-ordination
- Sloppy eater
- Slumps over
- Difficulties to focus near and far
- Difficulties playing ball games
- Upper arm weakness
- Poor upper/lower body integration
- Lacks balance
- Difficulty crossing the mid-line
- low muscle tone
- Messy eater
- Sits on heels
- Wraps legs around chair legs
- Clumsy
- Slower copying writing
- Tends to swim better under water
- Mixed dominance
- Difficulty crawling (may have skipped this stage)
- Struggles to concentrate
- Binocular vision which can affect reading comprehension
- Difficulty localising sounds
- Poor co-operation between upper and lower body
- Instability- poor core strength



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