

Primitive Reflex Integration

We are able to offer a Primitive Reflex Assessment and then a programme of work which can be completed at home. We offer

Primitive Reflex work is key to building foundations for children, especially those who have experienced developmental trauma. Until we have integrated Primitive Reflexes it makes it harder for children to progress through their developmental milestones.

Primitive Reflex Integration therapy is a combination of techniques from various modalities that address primitive reflexes. Primitive Reflex Integration is a movement-based programme that helps improve the neurological foundations of sensory-motor development, and the linking up of the brain, using the gentle developmental movements that every baby and infant should learn to make. The programme follows the natural stages of brain and sensory development through primitive and postural reflex integration.

Signs of retained Primitive Reflexes may include:

- Poor Sleep
- Difficulties sitting still
- Poor Handwriting, spelling or excessive writing pressure
- Difficulties with Maths
- Low tolerance of stress/meltdowns
- W sitting
- Toe Walking
- Problems with co-ordination
- Difficulty holding head up
- Poor balance
- Motion sickness
- Hyperactivity
- Sensitive to loud noises
- Anxiety
- Fear
- Shyness
- Poor posture, slumps
- Spatial awareness issues
- Low self esteem
- Poor eye contacts
- Poor awareness of time
- Poor muscle tone
- Find sequencing difficult
- Finds change hard
- Tires easily
- Insecurity
- Messy writing
- Clumsy
- Messy eater
- Fussy eater
- Dribbling
- Bedwetting
- Poor short term memory
- Irritation, fussiness about clothing
- Phobias
- Avoid social Situations
- Disorganised
- Answers unrelated answers



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