

# Therapeutic Parenting Training Programme



The course will equip and support attendees to become the therapeutic parent that children in their care need. The programme will provide a safe, protected, reflective and supportive space for attendees to both celebrate their successes and share their frustrations.

Mixture of presentation, video, discussion, practice activities and handouts.

10 week programme (term time),  
3 hours per session.

Core concepts;

- » Making sense of the impact of developmental trauma, and subsequent behaviours.
- » Self-care for carers.
- » Learn the 'therapeutic approach' - PACE
- » Strategies and playful ideas.

The programme will draw on clinical experience and training. Facilitated by an experienced Child Therapist/Clinical Social Worker.

Suitable for foster carers, adoptive parents, residential care staff and special guardianship carers.

In person or online. Resources and handouts provided.



[www.childrenstherapy.online](http://www.childrenstherapy.online)

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\*min 10 participants

ASF registered