

Playful activities to aid Regulation, boost bodies + build relationships



Interactive learning day - looking at playful activities that can be used at home, in school or as part of your professional toolkit.

Activities are designed to enhance the attachment between the child and caregiver/teacher. They are fun, playful and interactive.

Activities will be multi-sensory; involving touch, movement, rhythm and play.

Some Theraplay® activities and principles will also be drawn upon during the training.

Suitable for foster carers, adopters, parents, special guardiansteachers, teaching assistants, social workers, therapists and support workers.

Facilitated by an experienced Child Therapist/Clinical Social Worker.

Mini 'toolkit' provided to all participants.

COME PREPARED TO PLAY!



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*min 12 participants

ASF registered